Dear Parents / Carers,

From September 2020, it is a statutory requirement that all schools in England are teaching Relationship and Sex Education as a fundamental part of the curriculum.

To reassure you, as a school, we have, in accordance with the Equality Act 2010 and 2019, always placed importance on ensuring all pupils understand the importance of protected characteristics. Additionally, in accordance with the Science Curriculum: Human Changes and Puberty have also been taught in Upper Key Stage 2. The new compulsory element of Sex Education only applies to the Year 6 cohort.

If you would like to know more about what your child will be learning you can find it by following this link:

<https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/781150/Draft_guidance_Relationships_Education__Relationships_and_Sex_Education__RSE__and_Health_Education2.pdf>

Teaching Expectations for Relationship Education from page 19

Teaching Expectations for Health Education from page 31

To ensure your children get the very best teaching in these areas we have chosen to use an award-winning resource – **1decision**. **1decision** is part of Headway Education and has been kitemarked by the PSHE association. As a school we are proud to say we will be using these resources and you may like to find out more about them by visiting their website: [www.1decision.co.uk](http://www.1decision.co.uk)

These are the units that each Year Group at Cambridge Road Community Primary and Nursery School will study throughout the year:

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Year 4** | **Equalities Week** | **Keeping & Staying Healthy** | **Growing & Changing** | **Being Responsible** | **Feelings & Emotions** | **Computer Safety** | **A World Without Judgement** |
| *Theme* | *Difference* | *Healthy living* | *Appropriate touch* | *Coming home on time* | *Jealousy* | *Online bullying* | *Breaking down barriers* |
| Statutory | Families and people who care for me (R) | Healthy eating (H) | Caring friendships (R)  Being safe (R) | Respectful Relationships (R) | Mental wellbeing (H) | Internet safety and harms (H) | Respectful Relationships (R) |
|  |  |  |  |  |  |  |  |
| **Year 5** | **Equalities Week** | **Keeping & Staying Healthy** | **Growing & Changing** | **Being Responsible** | **Feelings & Emotions** | **Computer Safety** | **A World Without Judgement** |
| *Theme* | *Same-sex relationships* | *Smoking* | *Puberty* | *Looking out for others* | *Anger* | *Image sharing* | *Inclusion and acceptance* |
| Statutory | Families and people who care for me (R) | Drugs, alcohol and tobacco (H) | Changing adolescent body (H) | Being safe (R) | Caring friendships (R) | Internet safety and harms (H) | Respectful Relationships (R) |
|  |  |  |  |  |  |  |  |
| **Year 6** | **Equalities Week** | **Keeping & Staying Healthy** | **Growing & Changing** | **Being Responsible** | **Feelings & Emotions** | **Computer Safety** | **A World Without Judgement** |
| *Theme* | *Same-sex relationships* | *Alcohol* | *Conception* | *Stealing* | *Worry* | *Making friends online* | *British values* |
| Statutory | Families and people who care for me (R) | Drugs, alcohol and tobacco (H) | Sex Education (S) | Caring friendships (R) | Mental wellbeing (H) | Online relationships (R)  Being safe (R) | Families and people who care for me (R) |

The statutory requirements for Physical Health and fitness will be built into all PE lessons.

The statutory requirements for Basic First Aid will be delivered to Years 4 to 6 through a theme day visit into school.

As a school community, we are committed to working with parents. In order to provide your feedback to this consultation, we would appreciate your completion of the following questionnaire:

Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

|  |  |  |  |
| --- | --- | --- | --- |
| Parental Questionnaire |  |  | Comments |
| Did you know that teaching Relationships, Sex and Health Education (RSHE) becomes compulsory in September 2020? | Yes | No |  |
| Are there any particular topics that you would like to be covered in RSHE? | Yes | No |  |
| Do you have any worries regarding RSHE being taught? | Yes | No |  |
| Has your child ever talked to you about something they learnt at school to do with growing up, sex and relationships? | Yes | No |  |
| Has your child ever asked you questions about growing up, sex and relationships? | Yes | No |  |
| Would you like more information about what the school teaches on sex and relationships? If yes, please explain. | Yes | No |  |
| Do you want more support to help you talk to your child about sex and relationships issues at home? | Yes | No |  |

As RSE lead, I am happy to answer any questions you may have regarding these compulsory curriculum changes.

Thank you for your time and continued support.

Mrs Stevenson.