Cambridge Road Community Primary & Nursery School

September's Newsletter

Dates for the Diary:

1st October: Drama 4 All

working with Reception-Y6

2nd October: The Early Help Navigators drop in sessions 2-3pm in

the Learning Centre

4th October: World Ostomy Awareness day— wear purple

21st October- 25th October: Book

Fair in our Hall

21st October: launch of the Shoe

Box Appeal

22nd October & 23rd October:

parents' meetings- details to fol-

low

25th October: Halloween fun day-

details to follow

25th October: School closes for

half term



Well done everyone.

Dear parents and guardians,

What a fantastic start to the new academic year! It has been a true pleasure to open the Cambridge Road gates and welcome each and every one of you back to our school. The children all look so smart, and I'm sure many have grown at least a foot! A special welcome to our new Nursery and Reception children—we can't wait to be part of your journey at Cambridge Road. We've also welcomed several children who have transferred from other schools or arrived from different countries. They've settled in wonderfully, and I know all the classes have warmly embraced our new friends.

Although we've only been back for four weeks, we've already been incredibly busy. We've welcomed parents into our classrooms for 'Meet the Teacher' sessions and invited them to join us again for our Friday afternoon celebration assemblies. We certainly have plenty to celebrate. All classes have started their new topics, and we've particularly enjoyed our English units, each centered around a different book. Some year groups have had the opportunity to learn from specialist PE coaches, and we've offered ten extracurricular clubs, most of which take place after school. We have raised money for Jeans for Genes as well as hosting a coffee afternoon for Macmillan Cancer Support!

I am excited to see what October brings!

Thanks for your continued support,

Mrs. D Wellings

Cauda Equina Syndrome

Cauda equina syndrome is a medical emergency that happens when an injury or herniated disk compresses nerve roots at the bottom of your spinal cord. The cauda equina nerves communicate with your legs and bladder. It causes back pain, weakness and incontinence. Quick surgical treatment may prevent permanent complications. October 1st is Cauda Equina Syndrome awareness day and we are making parents aware to support one of our members of staff, Ms. Vikki Saunders, who first started with symptoms in April 2022.

For more information visit:

<u>Early Symptoms of Cauda Equina Syndrome: A Neurosurgeon Explains (neurosurgeonsofnewjersey.com</u>

Meet our first ever Head Boy and Head Girl.

After a thorough process, during which many brave children delivered their speeches in front of their peers, Iannis Baciu and Emerald Ogugua were selected as the successful candidates to represent Cambridge Road School. Here is their introduction, along with a snippet of their winning speeches.

My name is Emerald Ogugua and I am seeking the position of the school's Head Girl. Ever since I joined the school I have learnt a lot from my wonderful teachers, friends as well as the school administrators. Now I believe it is my turn to give back and serve the school community. As your Head Girl, I plan to work closely with our school council to create opportunities that encourage communication, creativity and innovation. Through regular meetings we will identify and address the concerns of our peers, ensuring that our efforts are aligned with the needs of our students for example, providing Medikits in each classroom. As your Head Girl, I will strive to lead by example which promotes the school values. I am prepared to take up this responsibilities that come with this role. Thank your for all your attention.

Hi my name is Baciu Iannis Gabriel. I have been at Cambridge Road School since I was 3 year old and I love this school. I am a responsible, kind, caring and understanding, respectful and lot of fun. If I am lucky enough to be elected Head Boy I will do my best to make sure everybody feels comfortable and save within our school. I will also try very hard to help everybody feel equal and cared for. If you ever need my help you can always come and speak to me and I promise I will listen. I will be a brilliant support to Mrs. Wellings and I will remind her if she forgets anything in the going for assemblies. It would be an honour to be the Head Boy of Cambridge Road Primary School, the best school in the world!



An important message from our Y6 Road Safety Officers, Aaron and Chloe:

We want air around school to be as clean as possible, so we'd like to tell you about ENGINE IDLING. This is any time a car engine is running but you are not moving, usually whilst it's waiting for more than a minute, for example, waiting outside of school, at a red light or at roadworks. Please STOP engine idling! This is to protect our environment, improve our health, save money and so we can hear other moving cars.

The Attendance for September is 95.71%

Reminder:

- Our gates open at 8.20am and classroom doors open at 8.40am
- We expect all pupils to be in their classroom by 8.40am ready for registration. If your child is in class at this time, they will be marked as present.
- Registers close at 8.45am. If your child arrives at school after
 8.45am but before 9.15am, they will need to enter the school by
 the main entrance. They will be marked as late and will receive the
 L code.
- If your child arrives at school after the registers have closed
 9.15am, they will be marked as late and will receive the U code.
 This is an unauthorised absence for that session.
- Afternoon registers will be taken at 12.45pm.

 The full policy is on our website.







Thank you for supporting us on Friday for the MacMillan Coffee Afternoon. We raised a total of £125.38 (WOW!) which will be donated to Macmillan Cancer Support.





myHappymind is science-backed, NHS commissioned pro-

gramme for schools, grounded in the latest science and research about what it takes to create positive wellbeing.

It's taught to every single child and there's a curriculum for every year group from Early Years to Year 6. It builds on the work children cover on mental health within the PSHE curriculum.

myHappymind covers 5 modules over each year. Each one introduces a new set of content and habits to help children build resilience, self-esteem and confidence. This half term, the children have been learning all about their brains and the importance of having a Growth Mindset.

Have you downloaded the My Happy Mind app yet?

The app is completely free and is focused on teaching parents the science and strategies that are proven to positively impact our resilience, self-esteem and happiness.

https://myhappymind.org/parent-resources Use the code 111084



We know life isn't always easy – sometimes you don't know where to go for help, you might need a bit of advice or support, or simply a friendly face to talk to about something that's bothering you or your family.

Early Help Navigators are here to help you.

We are extremely proud to be able to offer a safe space for our Early Help Navigators to hold drop-in sessions at our school. These sessions are in the diary and will be help on the first Wednesday of every month; the first being **Wednesday 2nd October 2-3pm**. Everyone one is welcome. Remember, you can also drop in to **Stanlaw Abbey**

Any questions, comments or queries, please email me: head@cambridgeroad.cheshire.sch.uk